



STRESS AT WORK



RELAX AT HOME



RELAX OUTDOORS



CAUSES OF STRESS



PARKS AND WILDLIFE MANAGEMENT AUTHORITY

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Chaplain General (CG) Trust Mashingaidze from Zimparks brings you Counselling Nugget number 20 of 2021 with focus on Leadership. This publication focusses on two quotations Lets draw some lessons from them and make a Discourse. I hope as leaders we can extrapolate from quotations below and improve our leadership skills. We should not confuse situations where we are supposed to take instructions and do them but generically these can assist let us discuss. The same for upcoming leaders get a cue and improve as you get into the business of influencing others.

Be a leader, not a boss

A boss knows everything
A leader admits mistakes

A boss tells people what to do
A leader shows how to do things

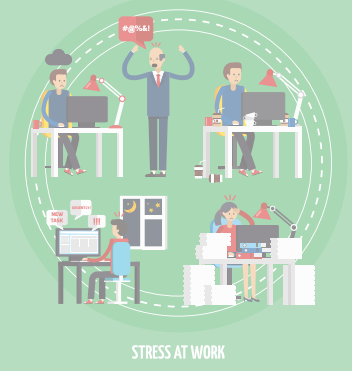
A boss criticises
A leader gives advice

A boss talks fast and gives orders
A leader gives direction

A boss demand respect
A leader earns & deserves respect

A boss rules with threats not law
A leader shows human kindness

A boss depends on hearsay
A leader investigate



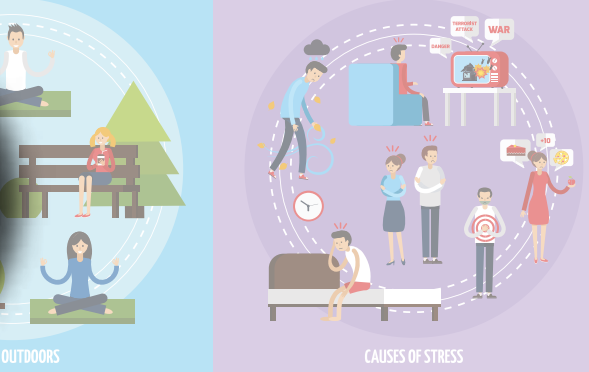
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NOBODY TELLS THIS TO YOUNG LEADERS
I WISH SOMEONE TOLD ME.

ALL OF US WHO LEAD. WE GET INTO IT BECAUSE WE HAVE VISION.

BUT THERE IS THIS GAP.

FOR THE FIRST COUPLE YEARS YOU LEAD. YOU FEEL LIKE YOU'RE NOT GETTING ANYWHERE. YOU'RE TRYING. YOU HAVE POTENTIAL. BUT YOU'RE STUCK.

BUT YOUR INSTINCT. THE THING THAT GOT YOU INTO THE GAME. IS STILL KILLER. AND YOUR VISION IS WHY YOUR WORK DISAPPOINTS YOU.

A LOT OF LEADERS NEVER GET PAST THIS PHASE, THEY GIVE UP.

MOST PEOPLE I KNOW WHO DO LEADERSHIP WELL WENT THROUGH YEARS OF THIS. WE KNOW OUR WORK DOESN'T MATCH THAT VISION WE'RE MOVING TOWARD

WE ALL GO THROUGH THIS.

AND IF YOU ARE JUST STARTING OUT OR YOU ARE STILL IN THIS PHASE. YOU GOTTA KNOW IT'S NORMAL AND THE MOST IMPORTANT THING YOU CAN DO IS

DO A LOT OF WORK LEARN AND CHANGE AND GROW YOURSELF.

IT'S ONLY BY CHALLENGING WHAT YOU KNOW THAT YOU WILL CLOSE THAT GAP.

AND YOUR WORK WILL BE AS GOOD AS YOUR VISION.

IT'S GOING TO TAKE AWHILE. **IT'S NORMAL TO TAKE AWHILE.**
YOU'VE JUST GOT TO FIGHT YOUR WAY THROUGH.

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Reference: Contemporaries